



December Holiday Season

Month of celebrations

December 21, 2020

December is a wonderful time of the year, celebrating with Family and Friends the holiday season. There are many holidays in December that are celebrated, and we should always show and teach our children to respect all of them.

Here are just a few:

- Fiesta of Our Lady of Guadalupe (Mexican)
- St. Lucia Day (Swedish)
- Hanukkah (Jewish)
- Christmas Day (Christian)
- Boxing Day (Australian, Canadian, English, Irish)
- Kwanzaa (African American)
- Omisoka (Japanese)

Happy New Year!

As we say goodbye to the old year and usher in a new one. And I think everyone is ready to kiss 2020 goodbye (It has been quite a challenging year for everyone)

It is also a time for reflection and traditions: Some like to celebrate out in Time Square or other venues (which will be difficult this year), some like to celebrate at home with family and friends and watching the ball drop on TV.

One suggestion from Andrea Ortega, is to celebrate the last day of this year by taking time to look back and reflect with your family. We generally tend to look ahead on what we are going to do next year, and also what resolutions we are going to make, and try to keep. There is nothing wrong with having future goals, however, before you ask your family what they want to

accomplish this next new year, remind them of what they have already done. It is a good time to reflect, encourage and share memories. This could become a new family tradition.

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[Social Moms: New Year Traditions](#)